Theophylline oral solution or syrup
MEDICATION GUIDE

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine talk to your doctor, pharmacist, or health care provider.

What is this medicine?
THEOPHYLLINE (the OFF i lin) is a bronchodilator. It helps open up the airways in your lungs to make it easier to breathe. This medicine is used to treat the symptoms of asthma, bronchitis, and emphysema.

This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

How should I use this medicine?
Take this medicine by mouth with a glass of water. Follow the directions on the prescription label. Shake well before using. Use a specially marked spoon or container to measure your medicine. Household spoons are not accurate. Take your doses at regular intervals, at the same time each day. Do not take your medicine more often than directed. Do not stop taking except on your doctor’s advice.

Talk to your pediatrician regarding the use of this medicine in children. While this drug may be prescribed for selected conditions, precautions do apply.

Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once.

NOTE: This medicine is only for you. Do not share this medicine with others.

What if I miss a dose?
If you miss a dose, take it as soon as you can. If it is almost time for your next dose, take only that dose. Do not take double or extra doses.

What should I tell my health care provider before I take this medicine?
They need to know if you have any of these conditions:
• Heart disease
• If you smoke
• Irregular heartbeat
• Liver disease
• Seizures
• Stomach problems like ulcers
• Thyroid disease
• An unusual or allergic reaction to theophylline, aminophylline, caffeine, theobromine, other medicines, foods, dyes, or preservatives
• Pregnant or trying to get pregnant
• Breast-feeding

What may interact with this medicine?
• Adenosine
• Allopurinol
• Aminogluthethimide
• Caffeine
• Cimetidine
• Disulfiram
• Ephedrine
• Fluvoxamine
• Interferon
• Isoproterenol
• Lithium
• Medicines for anxiety or sleep
• Medicines for colds and breathing difficulties
• Methotrexate
• Pentoxifylline
• Some antibiotics or anti infectives
• Some medicines for irregular heart rhythms
• Some medicines for treating seizures
• Some medicines used during surgery
• Sulfinpyrazone
• Tacrine

This list may not describe all possible interactions. Give your health care provider a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use. Also tell
them if you smoke, drink alcohol, or use illegal drugs. Some items may interact with your medicine.

**What side effects may I notice from receiving this medicine?**

Side effects that you should report to your doctor or health care professional as soon as possible:

- Allergic reactions like skin rash, itching or hives, swelling of the face, lips, or tongue
- Fast or irregular breathing or heartbeat
- Feeling faint or lightheaded, falls
- Fever, infection
- Nausea, vomiting
- Seizures

Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome):

- Anxiety, irritable, restless
- Diarrhea
- Headache
- Increased need to pass urine
- Tremors
- Trouble sleeping

This list may not describe all possible side effects. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Where should I keep my medicine?**

Keep out of the reach of children.

Store at room temperature between 15 and 30 degrees C (59 and 86 degrees F). Do not freeze. Keep container tightly closed. Throw away any unused medicine after the expiration date.

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**What should I watch for while using this medicine?**

Visit your doctor or health care professional for regular checks on your progress. Your doctor or health care professional may schedule regular blood tests, especially at first. Tell your doctor if your symptoms do not improve or if they get worse.

There are many different brands of this medicine. Do not change your brand without checking with your health care professional. Different brands of this medicine may act differently in your body.

Tell all of your doctors that you are taking this medicine. Talk to your doctor before you start or stop ANY over-the-counter or prescription medicines. Also talk to your health care professional about foods that affect this medicine, like chocolate, coffee, teas and charcoal-broiled foods. If you smoke tobacco or marijuana you may affect the level of this medicine in your body. Alcohol may interfere with the effect of this medicine. Avoid alcoholic drinks.