Phosphorated Carbohydrate Solution

**MEDICATION GUIDE**

**What is this medicine?**
PHOSPHORATED CARBOHYDRATE SOLUTION (FOS fuh reytd kahr boh HAHY dreyt suh L00 shuh) is used for the relief of nausea from upset stomach caused by flu, food or drink.

This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

**How should I use this medicine?**
Take this medicine by mouth. Follow the directions on the product label. Use a specially marked spoon or container to measure your medicine. Ask your pharmacist if you do not have one. Household spoons are not accurate. Do not dilute this solution or drink fluids of any kind immediately before or at least 15 minutes after dose. The dose may be repeated every 15 minutes or until distress subsides. You should not take more than 5 doses in an hour. If your condition does not start to get better after 5 doses, contact your health care provider.

Talk to your pediatrician regarding the use of this medicine in children. While this medicine may be used in children as young as 2 years for selected conditions, precautions do apply.

Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once.

NOTE: This medicine is only for you. Do not share this medicine with others.

**What if I miss a dose?**
This does not apply. You will only take this medicine as needed for nausea and vomiting.

**What should I tell my health care provider before I take this medicine?**
They need to know if you have any of these conditions:
- Diabetes
- Hereditary fructose intolerance
- An unusual or allergic reaction to Phosphorated Carbohydrate Solution, other medicines, foods, dyes, or preservatives
- Pregnant or trying to get pregnant
- Breast-feeding

**What may interact with this medicine?**
Interactions are not expected.

This list may not describe all possible interactions. Give your health care provider a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use. Also tell them if you smoke, drink alcohol, or use illegal drugs. Some items may interact with your medicine.

**What side effects may I notice from receiving this medicine?**
Side effects that you should report to your doctor or health care professional as soon as possible:
- Allergic reactions like skin rash, itching or hives, swelling of the face, lips, or tongue
- Diarrhea
- Stomach pain

This list may not describe all possible side effects. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**What should I watch for while using this medicine?**
Tell your doctor or healthcare professional if your symptoms do not start to get better or if they get worse.

**Where should I keep my medicine?**
Keep out of the reach of children.
Store at room temperature between 15 and 30 degrees C (59 and 86 degrees F). Throw away any unused medicine after the expiration date.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.