What is this medicine?

NANDROLONE DECANOATE (NAN droe lone) is a steroid. This medicine is used to treat anemia in people with kidney failure.

This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

How should I use this medicine?

This medicine is for injection into a muscle. It is usually given by a health care professional in a hospital or clinic setting.

If you get this medicine at home, you will be taught how to prepare and give this medicine. Use exactly as directed. Take your medicine at regular intervals. Do not take your medicine more often than directed.

It is important that you put your used needles and syringes in a special sharps container. Do not put them in a trash can. If you do not have a sharps container, call your pharmacist or healthcare provider to get one.

Talk to your pediatrician regarding the use of this medicine in children. Special care may be needed.

Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once.

NOTE: This medicine is only for you. Do not share this medicine with others.

What should I tell my health care provider before I take this medicine?

They need to know if you have any of these conditions:
- Breast cancer
- Diabetes
- Heart disease
- Kidney disease
- Liver disease
- Prostate trouble
- An unusual or allergic reaction to nandrolone, other medicines, foods, dyes, or preservatives
- Pregnant or trying to get pregnant
- Breast-feeding

What may interact with this medicine?

- Goserelin
- Leuprolide
- Medicines for diabetes
- Medicines for the prostate like dutasteride, finasteride, saw palmetto
- Warfarin

This list may not describe all possible interactions. Give your health care provider a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use. Also tell them if you smoke, drink alcohol, or use illegal drugs. Some items may interact with your medicine.

What side effects may I notice from receiving this medicine?

Side effects that you should report to your doctor or health care professional as soon as possible:
- Acne
- Allergic reactions like skin rash, itching or hives, swelling of the face, lips, or tongue
- Breast lump
- Breathing problems
- Changes in mood, especially anger, depression, or rage
- Change in voice
- Dark urine
- Increase in facial hair

What if I miss a dose?

If you miss a dose, take it as soon as you can. If it is almost time for your next dose, take only that dose. Do not take double or extra doses.
• Irregular menstrual periods
• Nausea, vomiting
• Stomach pain
• Swelling in ankles or legs
• Trouble passing urine or change in the amount of urine
• Yellowing of the eyes or skin

Side effects that usually do not require medical attention
(report to your doctor or health care professional if they continue or are bothersome):
• Change in sex drive or performance
• Diarrhea
• Hair loss
• Headache
• Trouble sleeping

This list may not describe all possible side effects. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

What should I watch for while using this medicine?
Visit your doctor for regular check ups. You will need to have important blood work done while you are taking this medicine.
This drug may affect blood sugar in patients with diabetes. If you have diabetes, monitor your blood sugar and report any changes.

Where should I keep my medicine?
Keep out of the reach of children. This medicine can be abused. Keep your medicine in a safe place to protect it from theft. Do not share this medicine with anyone. Selling or giving away this medicine is dangerous and against the law.
If you are using this medicine at home, you will be instructed on how to store this medicine. Throw away any unused medicine after the expiration date on the label.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.