What is this medicine?

BROMPHENIRAMINE; PSEUDOEPHEDRINE (brome fen IR a meen; soo doe e FED rin) is a combination of an antihistamine and a decongestant. It is used to treat the symptoms of allergy and colds. This medicine will not treat an infection.

This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

How should I use this medicine?

Take this medicine by mouth. Follow the directions on the prescription label. Use a specially marked spoon or dropper to measure your medicine. Household spoons are not accurate. Take this medicine with food or milk if it upsets your stomach. Take your medicine at regular intervals. Do not take your medicine more often than directed.

Talk to your pediatrician regarding the use of this medicine in children. While this drug may be prescribed for children as young as 1 month old for selected conditions, precautions do apply.

Patients over 60 years old may have a stronger reaction to this medicine and need smaller doses.

Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once.

NOTE: This medicine is only for you. Do not share this medicine with others.

What if I miss a dose?

If you miss a dose, take it as soon as you can. If it is almost time for your next dose, take only that dose. Do not take double or extra doses.

What should I tell my health care provider before I take this medicine?

They need to know if you have any of the following conditions:

- Asthma
- Diabetes
- Difficulty passing urine
- Glaucoma
- Heart disease
- High blood pressure
- Taken an MAOI like Carbex, Eldepryl, Marplan, Nardil, or Parnate in last 14 days
- Thyroid disease
- Ulcer or other stomach problem
- An unusual or allergic reaction to brompheniramine, pseudoephedrine, other medicines, foods, dyes, or preservatives
- Pregnant or trying to get pregnant
- Breast-feeding

What may interact with this medicine?

Do not take this medicine with any of the following medications:

- Bromocriptine
- MAOIs like Carbex, Eldepryl, Marplan, Nardil, and Parnate
- Procarbazine
- Some medicines for migraine headaches
- Stimulant medicines for attention disorders, weight loss, or to stay awake

This medicine may also interact with the following medications:

- Alcohol
- Barbiturates like phenobarbital
- Mecamylamine
- Medicines for blood pressure
- Medicines for chest pain, heart disease, high blood pressure or heart rhythm problems
- Medicines for depression, anxiety, or psychotic disturbances
- Medicines for sleep
- Other medicines for cold, cough or allergy
- Reserpine
Some herbal or nutritional supplements  
Some medicines for Parkinson’s disease

This list may not describe all possible interactions. Give your health care provider a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use. Also tell them if you smoke, drink alcohol, or use illegal drugs. Some items may interact with your medicine.

What side effects may I notice from receiving this medicine?

Side effects that you should report to your doctor or health care professional as soon as possible:

- Allergic reactions like skin rash, itching or hives, swelling of the face, lips, or tongue
- Breathing problems
- Confusion
- Fast or irregular heartbeat
- Feeling faint or lightheaded, falls
- Hallucinations
- High blood pressure
- Seizure
- Trouble passing urine or change in the amount of urine
- Vomiting

Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome):

- Anxiety, excitement, irritability, nervousness
- Diarrhea
- Headache
- Loss of appetite
- Stomach upset, nausea

This list may not describe all possible side effects. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Where should I keep my medicine?

Keep out of the reach of children.
Store at room temperature between 20 and 25 degrees C (68 and 77 degrees F). Protect from light. Throw away any unused medicine after the expiration date.

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine, talk to your doctor, pharmacist, or health care provider.

What should I watch for while using this medicine?

Tell your doctor or healthcare professional if your symptoms do not start to get better or if they get worse. If you have trouble falling asleep at night, take the last dose of the day at least a few hours before bedtime.

You may get drowsy or dizzy. Do not drive, use machinery, or do anything that needs mental alertness until you know how this medicine affects you. To reduce the risk of dizzy or fainting spells, do not stand or sit up quickly, especially if you are an older patient. Alcohol may increase dizziness and drowsiness. Avoid alcoholic drinks.

Your mouth may get dry. Chewing sugarless gum or sucking hard candy, and drinking plenty of water may help. Contact your doctor if the problem does not go away or is severe.