Ascorbic Acid, Vitamin C oral solution or syrup

MEDICATION GUIDE

NOTE: This sheet is a summary. It may not cover all possible information. If you have questions about this medicine talk to your doctor, pharmacist, or health care provider.

What is this medicine?

ASCORBIC ACID (a SKOR bik AS id) is a naturally occurring form of vitamin C. It is used to treat or prevent low levels of vitamin C and to treat scurvy.

This medicine may be used for other purposes; ask your health care provider or pharmacist if you have questions.

How should I use this medicine?

Take this medicine by mouth. Follow the directions on the package or prescription label. Shake well before using. Use a specially marked spoon or container to measure each dose. Ask your pharmacist if you do not have one. Household spoons are not accurate. This medicine can be taken directly into the mouth or added to cereal, fruit juice, or other food. Take your medicine at regular intervals. Do not take your medicine more often than directed.

Talk to your pediatrician regarding the use of this medicine in children. While this drug may be prescribed for selected conditions, precautions do apply.

Overdosage: If you think you have taken too much of this medicine contact a poison control center or emergency room at once.

NOTE: This medicine is only for you. Do not share this medicine with others.

What if I miss a dose?

If you miss a dose, take it as soon as you can. If it is almost time for your next dose, take only that dose. Do not take double or extra doses.

What should I tell my health care provider before I take this medicine?

They need to know if you have any of the following conditions:

• Anemia
• Diabetes
• Glucose-6-phosphate dehydrogenase (G6PD) deficiency
• Kidney stones
• Low sodium diet
• An unusual or allergic reaction to ascorbic acid, tartrazine, other medicines, foods, dyes, or preservatives
• Pregnant or trying to get pregnant
• Breast-feeding

What may interact with this medicine?

• Deferoxamine
• Iron supplements

This list may not describe all possible interactions. Give your health care provider a list of all the medicines, herbs, non-prescription drugs, or dietary supplements you use. Also tell them if you smoke, drink alcohol, or use illegal drugs. Some items may interact with your medicine.

What side effects may I notice from receiving this medicine?

Side effects that you should report to your doctor or health care professional as soon as possible:

• Allergic reactions like skin rash, itching or hives, swelling of the face, lips, or tongue
• Breathing problems
• Diarrhea with headache or nausea
• Flushing or redness of skin
• Pain in lower back, side, or stomach

Side effects that usually do not require medical attention (report to your doctor or health care professional if they continue or are bothersome):

• Bad taste in the mouth
• Stomach upset

This list may not describe all possible side effects. Call your
doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

What should I watch for while using this medicine?
Follow a good diet. Taking a vitamin supplement does not replace the need for a balanced diet. Some foods that have vitamin C naturally are citrus fruits, green peppers, broccoli, cabbage, and tomatoes.
If you are diabetic very high doses of ascorbic acid can interfere with tests for sugar in the urine. Talk to your doctor or health care professional if you check your urine glucose levels.

Where should I keep my medicine?
Keep out of the reach of children.
Store at room temperature between 15 and 30 degrees C (59 and 86 degrees F) or as directed on the package label. Protect from heat and moisture. Throw away any unused medicine after the expiration date.

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